



Let's talk skin care ...

What facial treatments are offered at Heron Med Spa?

We offer basic facials: Vitamin C to help heal sun damaged skin and Obagi Blue RADIANCE Peel.

What is the most popular?

The Obagi Blue RADIANCE peel. It is a chemical peel which helps create glowing skin.

What is Obagi Blue Peel?

RADIANCE is a blend of unique acids to provide a gentle but effective peel resulting in lighter, smoother, brighter-looking skin immediately after 1 (one) use. Salicylic acid based peels can improve acne scarring, photodamage and melasma.

- ✓ This peel can be used on the face, neck and décolletage.
- ✓ This product is not intended for home use.
- ✓ There are three main ingredients in the chemical peel are salicylic, lactic and glycolic acids.

Who can be a good candidate for it? (Men, women, age range, etc.)

Anyone who wants to improve the appearance of the skin is a good candidate, male or female. It is important to follow pre-peel instructions such as stopping the use of certain prescription skin creams, like retin A and products containing hydroquinone and exfoliating agents. Unfortunately, if you have rosacea, this chemical peel is not for you.

How many treatments are needed to achieve good results?

One treatment monthly will be beneficial than a single treatment. This peel is safe and be retreated monthly.

How many layers of skin can be removed?

RADIANCE effectively exfoliates the uppermost damaged skin layers, leaving your skin fresh, renewed and radiant. Skin damage is not simply on the surface, so, again repeat peels should be part of your treatment program.

What happens after the peel?

Following the peel, the patient's skin may be slightly dry and red for 1-2 days. Mild peeling should start to occur within 28 hours and can last 2-5 days. The skin should be treated very gently during this time and not exfoliate.

A mild moisturizer may be used to minimize dryness and redness. A sun protection should be SPF 30 or high and worn at all times. Avoid direct sun exposure and use of all exfoliating agents such retinols and exfoliating agents. A list will be provided.

Avoid facial products containing fragrance for 3-5 days after the procedure as they may irritate the skin.

Obagi Blue Peel RADIANCE is an easy-to use and gentle booster to any [Obagi skin care system](#). We recommend the following prescription based systems: Nu-Derm, Vitamin-C Rx system and CLENZIderm acne therapeutic. All systems can be resumed after 3 days. For best results, start NuDerm 4-6 weeks before and continue for 4-6 weeks after a RADIANCE peel.